Peer Mentor Training Overview

| Training Title | Objectives | Main Tasks |
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| Training 1: What is a peer mentor? | To begin to create a team dynamic  To identify some of the issues associate with transition  To understand what peer mentoring is and what will make an effective peer mentor | * Student remember and share their own transition * Students consider the difficulties faced by particular groups during transition * Students learn about and practise Active Listening in triads offering each other feedback * Students watch some videoed peer mentor training sessions and evaluate them * In groups, students create a model of a good peer mentor |
| Training 2: Learning to be a Peer Mentor | * To develop the team dynamic * To help you to empathise with your mentee by learning about how different people respond * To practise peer mentoring * To know what to do if your mentee discloses something that places them in danger | * Students recap their learning from Training 1 and summarise a good peer mentor * Students share their own responses to a range of situations and learn about how others react * Students work in triads to roleplay / practise peer mentoring working with a range of different rolecards * Students create a revision card with top tips for their first peer mentor session * Students listen to / participate in a safeguarding session designed by the school |
| Peer Mentor programme operating in schools for a while | | |
| Training 3: Empathising with those who are experiencing difficulty and evaluating the project | To build relationships within the team (aka to have some fun)  To develop our understanding of how Y7 may feel  To understand how we can encourage and support Y7 to plan for the future  To evaluate the programme so far | * Students work in groups to create a prom outfit but restrictions are placed on some group members e.g. can’t talk; can’t use their hands etc * Students link this activity to their work as peer mentors * Students share their own dreams and ambitions in circle time * Students discuss how to support year 7 with achieving their dreams * Students evaluate the project so far including making recommendations for improvements. |